OUR MISSION

TIS school counsellors work in partnership with students, parents, and staff, to maximise each student's potential through the implementation of a comprehensive programme, fostering personal, social-emotional growth, academic skills, and career awareness. Counselling services are continually evolving to best meet the needs of our community of learners and to support the school's overall mission, principles, and practices.

WHO WE ARE

School counsellors are professionally qualified to help children explore, understand, express, and manage their inner world so that they can be more effective in managing their outer world.

CONFIDENTIALITY

Information shared in counselling sessions is treated confidentially. Confidentiality is important so that trust can be established, and students feel confident to speak openly and freely. Counsellors operate within their professional ethical framework to uphold confidentiality with the exception of any safety concerns which may arise. When issues of safety become apparent, counsellors are obliged to consult with relevant adults.





School Counselling at TIS



SERVICES

TIS offers school counselling services for all students and families to not only enhance students' learning, but also to support overall wellness within the families at TIS Macao.

These services may include:

- Individual counselling sessions
- Group counselling sessions
- Group or classroom lessons
- Parent workshops
- Family meetings
- Meetings with TIS staff
- Meetings with external professionals
- Social and Emotional Curriculum involvement
- Educational information and resources
- External referrals

If you have any concerns about your child, school counsellors are happy to meet with you to help find solutions that best meet the needs of your family.

REASONS TO SEEK COUNSELLING SUPPORT

School counsellors provide assistance to those who require social, emotional, and behavioural support to meet the learning expectations of the TIS curriculum and/or require necessary resources to increase their capacity for learning.

Student Wellness provides the foundation for academic success. When children who are struggling receive support, they are more able to reach their full potential.

Reasons include:

- Changes to regular routines
- Transition struggles
- Relationship issues
- School stress
- Home stress
- Need for coping strategies
- School refusal
- Behaviour challenges
- Mood changes
- · Decision making and problem solving
- Crisis and trauma
- Parenting concerns

REFERRALS

The request for counselling can come from you, your child, or a member of staff. Please contact us and we will be happy to support you in every way possible.

